

## **CME: Category 1 and Category 2 Information**

Candidates for recertification must demonstrate their involvement in continuing medical education by documenting 90 urology-focused credits, 30 hours of which must be Category 1, within the three-year period prior to the CME deadline of their recertification process. In an attempt to assist applicants for recertification gather and organize this information and document their hours, the Board office has provided the information below.

### **Category 1**

Category 1 CME may take a number of forms, though the most relevant for practicing surgeons are *live or attendance-based activities* and *enduring materials*. *Live or attendance-based activities* are CME activities that physicians must attend in order to receive credit. They may range from national conferences (such as the AUA annual meeting) to local workshops, seminars, grand rounds, or departmental scientific meetings. *Enduring materials* are printed, recorded, audio, video, and electronic activities that may be used over time at various locations, and that in themselves constitute a planned CME activity. The SASP program is an excellent example of such an activity. Upon completion of a Category 1 CME activity, the participant can expect to receive notification of credit earned and documentation from the sponsoring organization.

### **Category 2**

Category 2 CME has been defined as all educational activities not designated Category 1 that have improved the care that a physician provides for his or her patients. This definition includes a surprising number of activities that surgeons engage in on an every day basis. Some of these activities include:

- Consultation with peers and medical experts,
- Developing and reviewing quality assessment data (Morbidity and Mortality),
- Use of electronic databases in patient care
- Use of enduring materials (reading medical books, periodicals, and web sites),
- Small group discussions,
- Self-assessment activities,
- Journal club activities not designated Category 1,
- Teaching health professionals (medical students, residents, physicians, nurses, and allied health),
- Medical writing (abstracts, journal articles, book chapters),
- Teleconferences,
- Preceptorships, and
- Lectures, seminars, and workshops not designated Category 1 (poster viewing at the AUA Annual Meeting or other society meeting).

Many times participation in these activities cannot be documented. Therefore, an important difference between Category 1 and Category 2 CME is that Category 2 CME is not awarded by an ACCME accredited sponsoring institution. Instead, it is self-reported and self-designated by the individual physician. Sponsors are not required to and usually do not record and maintain participation/attendance information for Category 2 CME.

Because of the CME requirements for Recertification, MOC, and Pediatric Subspecialty Certification, the ABU recommends keeping careful records of participation in all of the activities listed above.

## Documenting 90 Urology Focused CME Hours for ABU Recertification

Applicants for recertification must document both Category 1 and Category 2 CME activities. Category 1 documentation should be a copy of the certificate or verification issued by the AUA or other CME sponsor. Category 2 activities should be logged by date (when possible), type of activity, description of activity, and number of hours claimed. **Recertification candidates must submit 90 hours of urology focused CME credits (30 of which must be category 1) by August 2, 2010. Candidates who have not submitted an adequate number of CME credits by the August 2<sup>nd</sup> deadline will be assessed a \$200 late fee.**

### Category 2 Activity Types:

- Consultation with peers and medical experts
- Developing and reviewing quality assessment data
- Use of electronic databases in patient care (include name of facility or database)
- Use of enduring materials (reading) {provide title, date, and/or volume of publication}
- Small group discussions (provide group name and topic)
- Self-assessment activities
- Journal club activities (provide name of club and nature of activity)
- Teaching health professionals (provide setting and topic)
- Medical writing (provide name of publication and subject matter)
- Teleconferences (provide name of organization and topic of conference)
- Preceptorships
- Lectures, seminars, and workshops not designated in Category 1
- Other (specify)

### Example of Category 2 CME log:

July 17, 2008	Robot Port Placement & method of operation Innovation Surgical Ann Arbor MI	8 hours
January 18, 2009	Inpatient Electronic Medical Record Training University Hospital Ann Arbor MI	10 hours
June 25, 2009	Interstim Training Ann Arbor MI	5 hours
Weekly	Campbell's Urology	1 hour (total of 30 hours)
Monthly	Review quality assessment protocols as Director of Clinic Laboratory Ann Arbor MI	8 hours